



7th Grade 2019-20 Spiritual Growth Reflection

**St. Mary Catholic Church
Religious Education**
19515 115TH Ave PO BOX 2,
Mokena, IL 60448
708-326-9352

Student's Name: _____ Experience Date: _____

What was the title of the Event/Experience? _____

Explain the experience in DETAIL: _____

How did this experience connect you to your Faith? _____

What did you learn about yourself by this experience? _____

IMPORTANT INFORMATION: You will complete a separate report for each spiritual growth experience.

Remember:

- All 7th and 8th grade students are required to reflect on 4 different Spiritual Growth Experiences (not including Sunday or Holy Day Masses).
- The first is a requirement to attend and may be recorded to fulfill this requirement:
 - 7th Grade Confirmation Retreat
- Other experiences must be met on your own. Here are some suggestions:
 - Altar Serving is an important ministry. It is a privilege for any lay person to serve so close to Jesus in such a liturgical role. Reflecting on your experience as an Altar Server may count toward **one** spiritual growth experience.
 - Attend a Jr. High Youth Ministry event. Mr. Mazur will let you know when these take place.
 - Attend at least 30 minutes Eucharistic Adoration. St. Mary has adoration every Wednesday from 8 AM – 6:45 PM.
 - Attend Stations of the Cross on Fridays during Lent at 7 PM.
 - Other Opportunities will be sent out as they are scheduled.
- Signatures are not required for Spiritual Growth
- If you have questions about Spiritual Growth Opportunities, ask your teacher or Mr. Mazur: **cmazur@stmarymokena.org or 708- 326-9356**